



Positive Advocate

Summer 2026

A publication of the Affected Communities Committee of the HIV Health Services Planning Council
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HIV Care Services Program Calendar Year 2025 HIV Care Continuum Outcomes - All Funding			
HIV Care Continuum	# of Clients (Numerator)	Total Clients (Denominator)	Outcome (Percentage)
Linked to Care	57	93	61.29%
In Medical Care	1898	2241	84.69%
Retained in Care	893	2241	39.85%
On Drug Therapy	2012	2241	89.78%
Virally Suppressed	1724	2241	76.93%

What am I looking at?

A core framework of the National HIV/AIDS strategy is the HIV Care Continuum. The stages of the Continuum are diagnosis, linkage to care, retention in care, taking antiretroviral medication and viral suppression. What does this mean? Let's break it down.

1. Linked to Care: the number newly diagnosed individuals linked to medical care within 30 days.
2. In Medical Care: the number of people who have one medical appointment in the year with a CD4 or Viral Load test.
3. Retained in Care: the number of people who have two medical appointments, at least three months apart, in the year with a CD4 or Viral Load test.
4. On Drug Therapy: the number of people prescribed medication
5. Virally Suppressed: having less than 200 copies of HIV per milliliter

The first four listed are the stages to the ultimate goal of viral suppression.

By 2030, the National goal for viral suppression is 95%. That means, the goal is to have 95% of people living with HIV, be virally suppressed.

Looking at the chart above, 1,724 of the 2,241 (76.93%) of the clients served by the Sacramento HIV Care Services Program were virally suppressed in Calendar Year 2025.

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Do you see something wonky with the numbers above? There should be the same or greater percent of people in medical care than on drug therapy. You can't get medication without seeing your doctor. How can this happen? This happens when you don't provide your medical information to your case managers.

There are several reasons why more people may be in medical care or on drug therapy than are virally suppressed. Some of these include poor adherence, drug resistance, time in treatment, interruption of care (losing a provider), substance use, mental health issues, etc.

For a further explanation of your viral load, please reach out to your case manager(s). And remember, provide your medical information to them as requested.

Awareness Days

June 5 is HIV Long-Term Survivors Awareness Day

June 27 is National HIV Testing Day

July 21 is Zero HIV Stigma Day

Upcoming Events

TBD

ACC Community Conversations

The Affected Communities Committee, ACC, a Committee of the HIV Health Services Planning Council, is once again, hosting Community Conversations related to the most current information on HIV. We look forward to seeing you there. All sessions will be held at the LGBT Center from 6 to 7pm with dinner provided. Please reach out to Zachary Basler at 415-299-7027 if you have questions. To register for an event please visit www.sacramento-tga.com

Upcoming Events:

HIV and Aging Panel Discussion:
September 9, 2026, 6:00 pm to 7:30 pm
Lavender Library, 1414 21st Street
Sacramento, CA 95811

Free or Low-Cost STD/HIV/HCV Testing:

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.

Call 916-443-3299 to make an appointment or for more information.

No one will be turned away if they are unable to pay.

Sunburst Clinic: 916-299-6810, SunburstClinic.org

Free confidential walk-in HIV/HCV/STD testing

Monday – Friday, 8 am – 6 pm in Arden Area.

PrEP Starter Pack issued same-day. PrEP-AP and ADAP enrollment or recertification

Contact the agencies below directly for dates, times and costs of testing

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

Sacramento Sexual Health Clinic 916-875-1551

Sierra Foothills AIDS Foundation 530-889-2437

Partner Services:

County of Sacramento - 916-875-1100

One Community Health - 916-443-3299

Sunburst Projects - 916-440-0889

Yolo County - 530-666-8670

El Dorado and Placer Counties:

Sierra Foothills AIDS Foundation 530-889-2437

The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules

Committees may be canceled if there is no pressing business to conduct.

Go to www.sacramento-tga.com for the most updated meeting schedule.

**Due to a federal site visit, the June QAC, NAC, and PAC meeting dates have been changed. QAC and NAC will be held on Tuesday, August 11th at the Sacramento County Health Center as listed below. The PAC meeting will be held June 10th at the Sacramento County Health Center as listed below.*

1st Monday of Even Months:
February 2nd, April 6th, June 1st,
August 3rd, October 5th, and
December 7th

Affected Communities Committee: 3:00—4:00 p.m. at
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Quarterly on the 1st Tuesday of:
March 3rd, June 2nd*,
Sept. 1st, and Dec. 1st

Quality Advisory Committee: 2:00—3:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Quarterly on the 1st Tuesday of
March 3rd, June 2nd*,
Sept. 1st, and Dec. 1st

Needs Assessment Committee: 3:00—4:30 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

1st Wednesday of the Months of:
March 4th, May 6th June 3rd*,
Sept. 2nd, and Jan. 6th

Priorities and Allocations Committee: 9:00—11:00 a.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

1st Wednesday of the Months of:
March 4th, May 6th June 3rd*,
Sept. 2nd, and Jan. 6th

Governance Committee: 11:00 a.m. —12:00 p.m. at the Sacramento
County Health Center, 4600 Broadway, Sacramento, CA. Community
Room 2020

2nd Thursday of the Months of:
March 12th, May 14th, June 11th,
Sept. 10th, and January 7th

Executive Committee: 3:00—5:00 p.m. at the County of Sacramento
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

4th Wednesday of Every Month:
Combined Nov/Dec on 12/9/2026

HIV Health Services Planning Council: 10:00 a.m.—12:00 p.m. at the
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.
Community Room 2020

Sacramento County Health Center Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



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The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: HIV-HSPC@saccounty.gov
www.sacramento-tga.com

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Even Months of the year, 3—4 p.m., at Sacramento County Health Center, 4600 Broadway, Community Room 2020, Sacramento, 95820.

RYAN WHITE CARE ACT SERVICE PROVIDERS

CommuniCare+OLE

**** Yolo County Residents only ****
916-403-2910 x1077

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

One Community Health 916-443-3299
Direct HIV Service Line: 916-842-5185

Sacramento Sexual Health Clinic
916-875-1551

Sierra Foothills AIDS Foundation

**** El Dorado and Placer Counties only ****
Main number: 530-889-2437

Sunburst Projects 916-440-0889

UC Davis Medical Center Pediatric Infectious Disease 916-734-1873

WellSpace Health 916-737-5555

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Linguistic Services (pending)
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Other Professional Services (pending)
- ⇒ Substance Abuse—Outpatient