



# Positive Advocate

## Spring 2026

A publication of the Affected Communities Committee of the HIV Health Services Planning Council  
Paid for by the Sacramento TGA Part A Ryan White Grant Funds

“This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H89HA00048, HIV Emergency Relief Projects Grant, in a FY25 award amount of \$3,933,694. This information or content and conclusions are those of the author(s) and should not be construed as the official position or policy of nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.”

### Nation Youth HIV & AIDS Awareness Day—April 10th

Annually, April 10th, is National Youth HIV & AIDS Awareness Day, which highlights the impact of HIV on young people (aged 13-24). The day encourages prevention, testing and treatment to reduce stigma and address the disproportionate impact of HIV on specific youth communities.

- **Focus Areas:** The day emphasizes educating the public, reducing stigma, and connecting young people with, PrEP (pre-exposure prophylaxis), and other HIV-related care.
- **Target Audience:** Efforts are specifically targeted at reducing new infections, particularly among Black, gay, bisexual, and other youth of color who are disproportionately affected.
- **Goals:** The primary goals are to encourage regular testing, promote education, and empower young people to become advocates for their own health.

**Actionable Steps:** Key actions include getting tested at least once between ages 13-64, using condoms, and accessing educational resources.

### HIV & Transgender Awareness Day—April 18th

To recognize the disproportionate impact of HIV on transgender and non-binary communities, the National Transgender HIV Testing Day is held annually on April 18th. The day promotes regular testing, prevention, and access to stigma-free, gender-affirming care, particularly for trans women of color who face high risks.

**Purpose:** To highlight the need for tailored, accessible HIV testing and care, as structural barriers like discrimination often hinder access.

**Significance:** Transgender individuals are, according to some data, three times more likely to receive a new HIV diagnosis than the national average.

**Focus Areas:** The day encourages using self-testing kits and accessing PrEP (Pre-Exposure Prophylaxis) as part of a comprehensive, affirming health strategy.

## **HIV Health Services Planning Council's New Website**

### **Sacramento-TGA.com**

The Sacramento Transition Grant Area (TGA) serves Sacramento, El Dorado, Placer and Yolo Counties. The TGA's HIV Health Services Planning Council maintains a website of resources, events, and meetings.

The new sacramento-tga.com website introduces a cleaner, more intuitive format designed to make information easier to find and engage with. Its updated layout streamlines navigation, improves readability, and modernizes the overall look so visitors can access services and resources with far less friction. The redesign also prioritizes ADA compliance, and clear content structure to ensure that all community members—including those with disabilities—can use the site confidently and independently.

### **Awareness Days**

March 10 is National Women and Girls HIV/AIDS Awareness Day

March 20 is National Native HIV/AIDS Awareness Day

April 10 is National Youth HIV & AIDS Awareness Day

May 18 is HIV Vaccine Awareness Day

May 19 is National Asian & Pacific Islander HIV/AIDS Awareness Day

### **Upcoming Events**

May 13: Strength in Numbers (SIN) All You Can Eat Pizza Event

11 AM, Mountain Mike's Pizza, 1900 S St, Sacramento, CA 95811

May 14 — 17: NorCal AIDS Cycle—For more information visit [NorCal AIDS Cycle](#)

### **ACC Community Conversations**

The Affected Communities Committee, ACC, a Committee of the HIV Health Services Planning Council, is once again, hosting Community Conversations related to the most current information on HIV. We look forward to seeing you there. All sessions will be held at the LGBT Center from 6 to 7pm with dinner provided. Please reach out to Zachary Basler at 415-299-7027 if you have questions. To register for an event please visit [www.sacramento-tga.com](http://www.sacramento-tga.com)

#### **Upcoming Events:**

**April 15, 2026: Trans Community Conversation**

**Free or Low-Cost STD/HIV/HCV Testing:**

One Community Health offers low cost & confidential walk-in and appointments for HIV, Hepatitis C & STD testing at its Midtown Campus.

Call 916-443-3299 to make an appointment or for more information.

No one will be turned away if they are unable to pay.

Sunburst Clinic: 916-299-6810, SunburstClinic.org

Free confidential walk-in HIV/HCV/STD testing

Monday – Friday, 8 am – 6 pm in Arden Area.

PrEP Starter Pack issued same-day. PrEP-AP and ADAP enrollment or recertification

Contact the agencies below directly for dates, times and costs of testing

Golden Rule Services 916-427-4653

Harm Reduction Services 916-456-4849

Sacramento Sexual Health Clinic 916-875-1551

**Partner Services:**

County of Sacramento - 916-875-1100

One Community Health - 916-443-3299

Sunburst Projects - 916-440-0889

Yolo County - 530-666-8670

El Dorado and Placer Counties:

Sierra Foothills AIDS Foundation 530-889-2437

**The Sacramento TGA's HIV Health Services Planning Council and Committee Meeting Schedules**  
**Committees may be canceled if there is no pressing business to conduct.**  
**Go to [www.sacramento-tga.com](http://www.sacramento-tga.com) for the most updated meeting schedule.**

1st Monday of Even Months:  
February 2nd, April 6th, June 1st,  
August 3rd, October 5th, and  
December 7th

**Affected Communities Committee:** 3:00—4:00 p.m. at  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Quarterly on the 1st Tuesday of:  
March 3rd, June 2nd,  
Sept. 1st, and Dec. 1st

**Quality Advisory Committee:** 2:00—3:00 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Quarterly on the 1st Tuesday of  
March 3rd, June 2nd,  
Sept. 1st, and Dec. 1st

**Needs Assessment Committee:** 3:00—4:30 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

1st Wednesday of the Months of:  
March 4th, May 6th June 3rd,  
Sept. 2nd, and Jan. 6th

**Priorities and Allocations Committee:** 9:00—11:00 a.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

2nd Thursday of the Months of:  
March 12th, May 14th, June 11th,  
Sept. 10th, and January 7th

**Executive Committee:** 3:00—5:00 p.m. at the County of Sacramento  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

4th Wednesday of Every Month:  
**Combined Nov/Dec on 12/9/2026**

**HIV Health Services Planning Council:** 10:00 a.m.—12:00 p.m. at the  
Sacramento County Health Center, 4600 Broadway, Sacramento, CA.  
Community Room 2020

Primary Care Parking: There is free parking on the LOWER LEVEL in the parking structure. Entrance off Broadway only. The Stockton Blvd entrance is closed.



# Back Page

The **POSITIVE ADVOCATE** Newsletter is a quarterly information and outreach project. We welcome submissions from the affected community. For additional information about the Affected Communities Committee (ACC), HIV Health Services Planning Council (HHSPC), or this newsletter, contact: [HIV-HSPC@saccounty.gov](mailto:HIV-HSPC@saccounty.gov)  
[www.sacramento-tga.com](http://www.sacramento-tga.com)

The **Affected Communities Committee** addresses issues facing the HIV/AIDS community and advises the Planning Council on community affairs. The mission of the committee is to recruit, empower, and involve people living with HIV/AIDS in the strategic planning and advocacy of HIV/AIDS care and services. These goals will be accomplished with the assistance of the Council support staff toward the fulfillment of its mission. The committee encourages an environment of trust and safety in achieving its mission.

The Committee meets the first Monday of the Even Months of the year, 3—4 p.m., at Sacramento County Health Center, 4600 Broadway, Community Room 2020, Sacramento, 95820.

## RYAN WHITE CARE ACT SERVICE PROVIDERS

### **CommuniCare+OLE**

\*\*\*\* Yolo County Residents only \*\*\*\*  
916-403-2910 x1077

**Golden Rule Services** 916-427-4653

**Harm Reduction Services** 916-456-4849

**One Community Health** 916-443-3299  
Direct HIV Service Line: 916-842-5185

**Sacramento Sexual Health Clinic**  
916-875-1551

### **Sierra Foothills AIDS Foundation**

\*\*\*\* El Dorado and Placer Counties only \*\*\*\*  
Main number: 530-889-2437

**Sunburst Projects** 916-440-0889

**UC Davis Medical Center Pediatric Infectious Disease** 916-734-1873

**WellSpace Health** 916-737-5555

In the box to the right, is a list of Ryan White Part A and B funded Services.

Services may vary per provider and additional services may be available through other funding sources.

Please contact a provider above for additional information.

- ⇒ Ambulatory Outpatient Care
- ⇒ Medical Case Management
- ⇒ Child Care
- ⇒ Emergency Financial Assistance
- ⇒ Food Bank/Home Delivered Meals
- ⇒ Health Insurance Assistance
- ⇒ Housing
- ⇒ Medical Nutritional Therapy
- ⇒ Medical Transportation
- ⇒ Mental Health
- ⇒ Non-Medical Case Management
- ⇒ Oral Health
- ⇒ Outreach Services
- ⇒ Substance Abuse—Outpatient
- ⇒ Substance Abuse—Residential